

INTERNATIONAL



LifeSkills

OLYMPIAD

Participant's Name: **Ryan Winster**

Parent/Guardian: **Robert Winster**

Grade: **XI**

Group: **4**

School Name: **North Hampton High School**

Country: **USA**

Your Global Rank in **ILSO 2019**: 005149

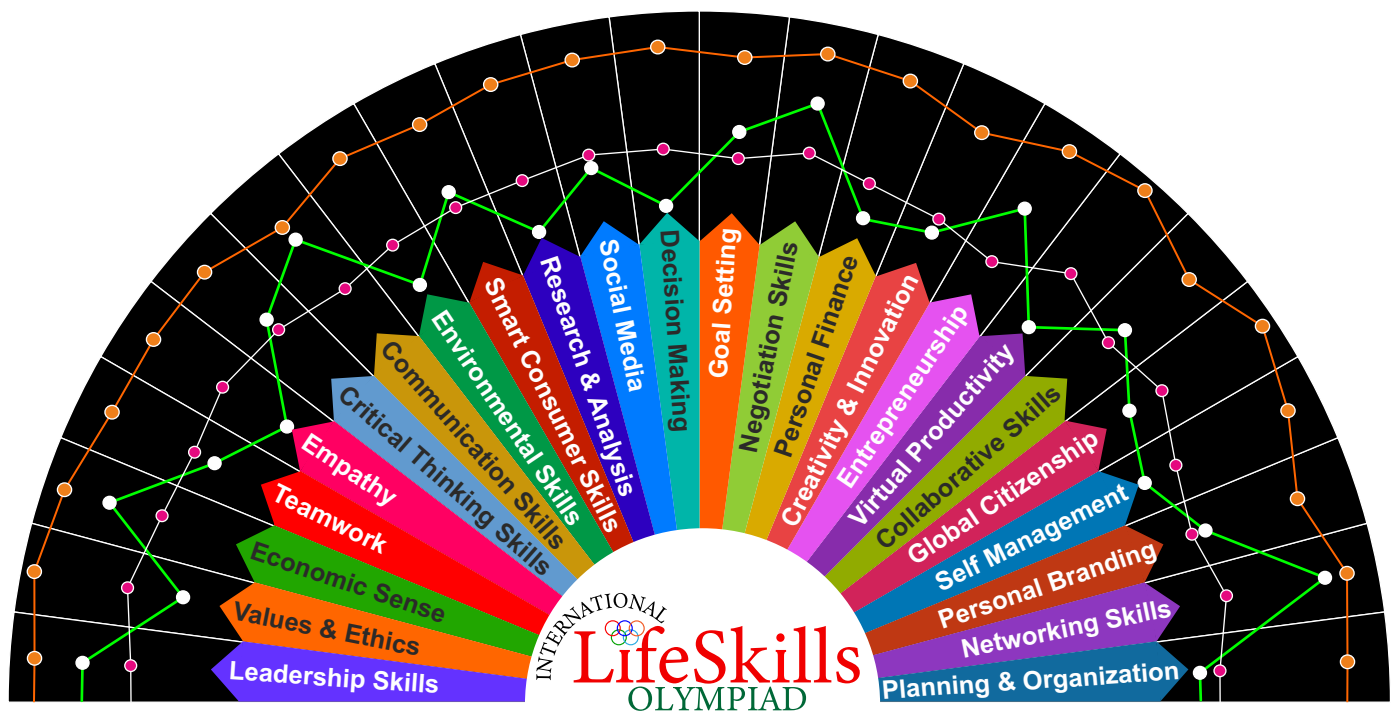
Composite Life Skills Index: The ILSO Participant's Life Skills Assessment in all the skills tested, in comparison with the Global Maximum and the Global Average Index in each skill. This report indicates your relative Life Skills proficiency, compared to that of the students in your age/grade group, across the world.

Individual Life Skills Index: The ILSO Participant's Life Skills Assessment in each individual skill tested, in comparison with the Global Maximum and the Global Average Index in that particular skill. This report indicates your relative Life Skills proficiency in the given particular skill, to that of the students in your age/grade group, across the world.

Date: 13 Jan 2020

Composite Life Skills Index Report

Participant's Name: **Ryan Winster**
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Grade: **XI**
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Composite
Life Skills Index



Global Maximum



Global Average



Your Index

Your Global Rank in **ILSO 2019**: 005149



Date: 13 Jan 2020


Chief Convener

International Life Skills Olympiad


Individual Life Skills Index Report



Individual
Life Skills Index

 Global Maximum

 Global Average

 Your Index

LEADERSHIP SKILLS

Leadership is one of the most critical life skills that all children should acquire during their developing age. Some of the associated skills that can help you to practice 'real world leadership' effectively are: Self Confidence, Communicating effectively, Learning to listen, Working well with people by involving them in meaningful ways, Ability to plan and direct, Accepting differences in people and in their opinions and finally Motivating and inspiring others.




"A Leader is a dealer in Hope."

~ Napoleon Bonaparte, French Military Leader and Emperor


Individual Life Skills Index Report



Individual
Life Skills Index

 Global Maximum

 Global Average

 Your Index

VALUES & ETHICS

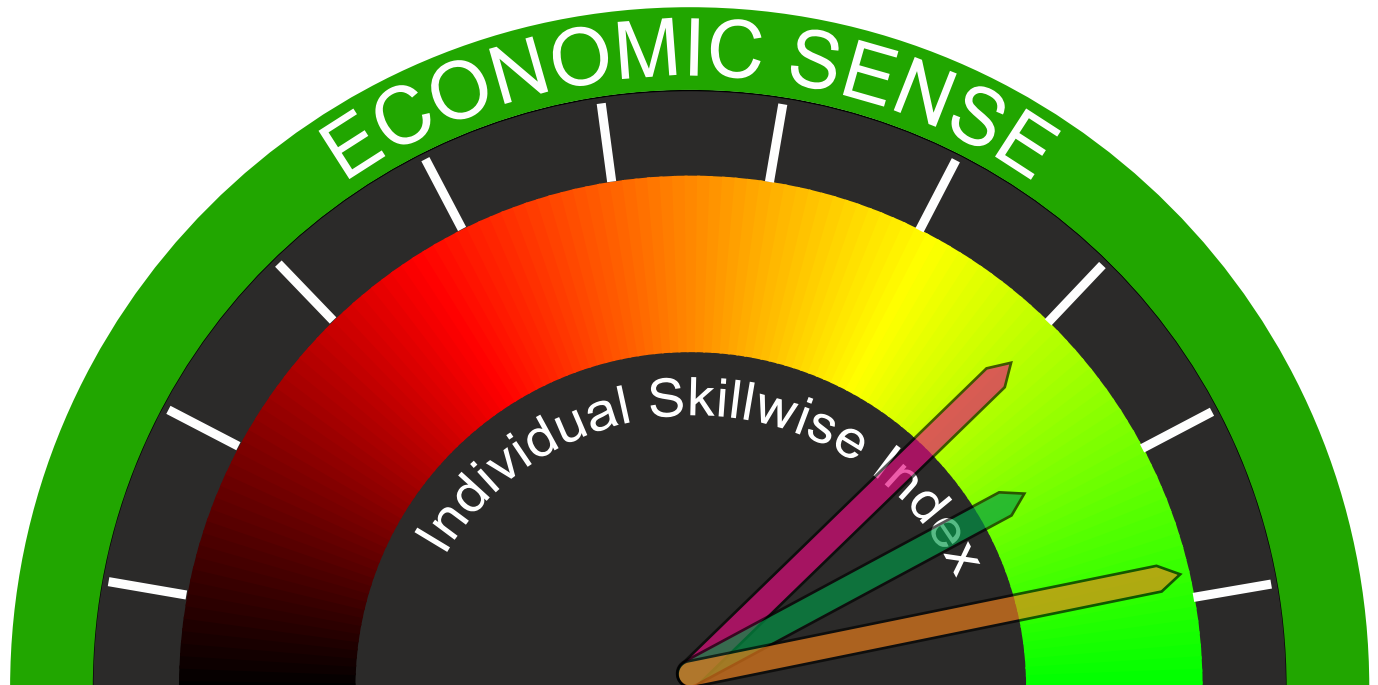
Values are like personal rules that we believe in and follow at all times. The values that help children to be an ethical citizen are respect, acceptance, consideration, appreciation, openness, affection, empathy, and love. A young person can acquire such values by proper guidance, and by learning from examples of great people. Ethics is the filter we use in our mind to separate the right from the wrong and the good from bad.



“Ethics is knowing the difference between what you have a right to do and what is right to do.”

~Potter Stewart, Former Associate Justice of the SC of the US

Individual Life Skills Index Report



Individual
Life Skills Index



Global Maximum



Global Average



Your Index



ECONOMIC SENSE

As children grow up, so do their needs. But simultaneously, so do their wants. One of the most important things children need to learn as they step into the outer world is basic economic sense. It is the ability to know the difference between the needs and wants. A basic level of economic sense includes the understanding of money, banks, demand, supply and inflation etc. is necessary.

“Economics is everywhere, and understanding economics can help you make better decisions and lead a happier life.”

~Tyler Cowen, American Economist

Individual Life Skills Index Report



Individual
Life Skills Index



Global Maximum



Global Average



Your Index

TEAMWORK

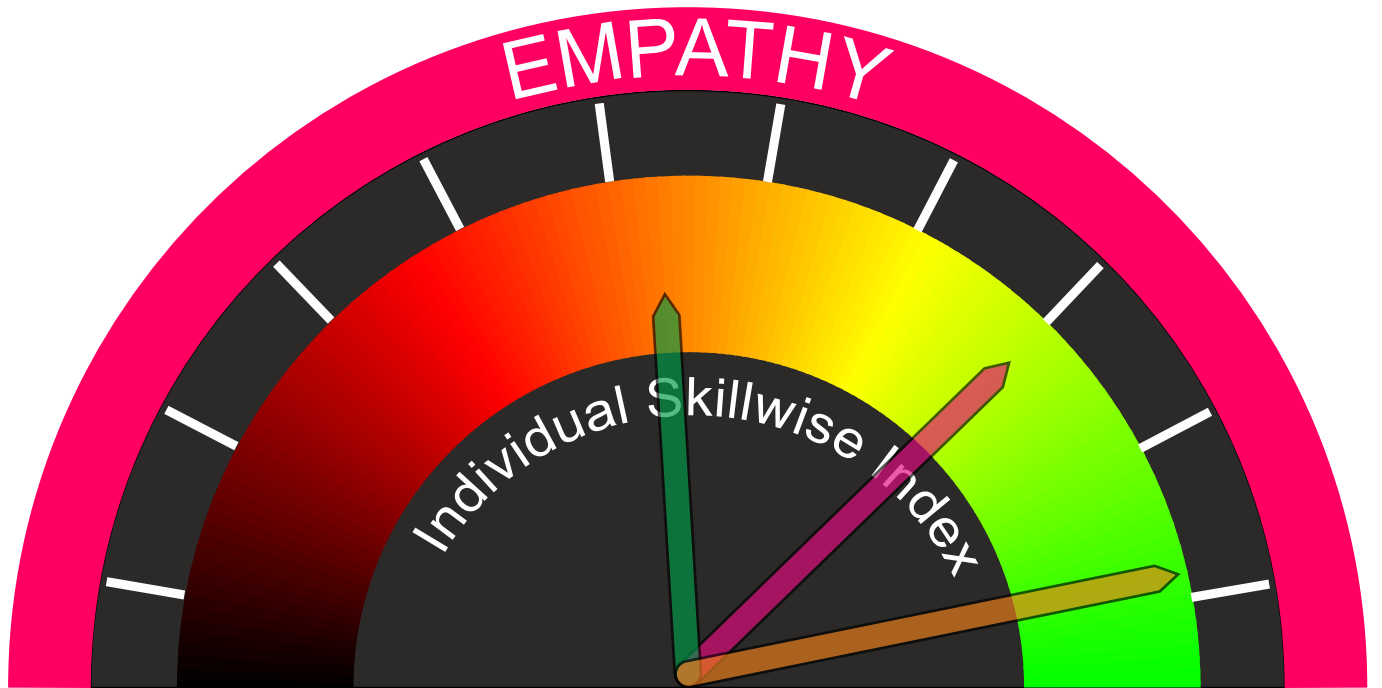
Teamwork is required, when a work is done collectively by multiple people. Whether it is in sports, classroom, personal life, or even in professional life, good teamwork helps us everywhere and makes even difficult goals easy. Helping each other with complimentary skills, shared workload, collective idea inputs, etc. are some of the features of good teamwork.



“Talent wins games, but teamwork and intelligence wins championships.”

~ Michael Jordan, Legendary Basketball Player

Individual Life Skills Index Report



Individual
Life Skills Index



Global Maximum



Global Average



Your Index



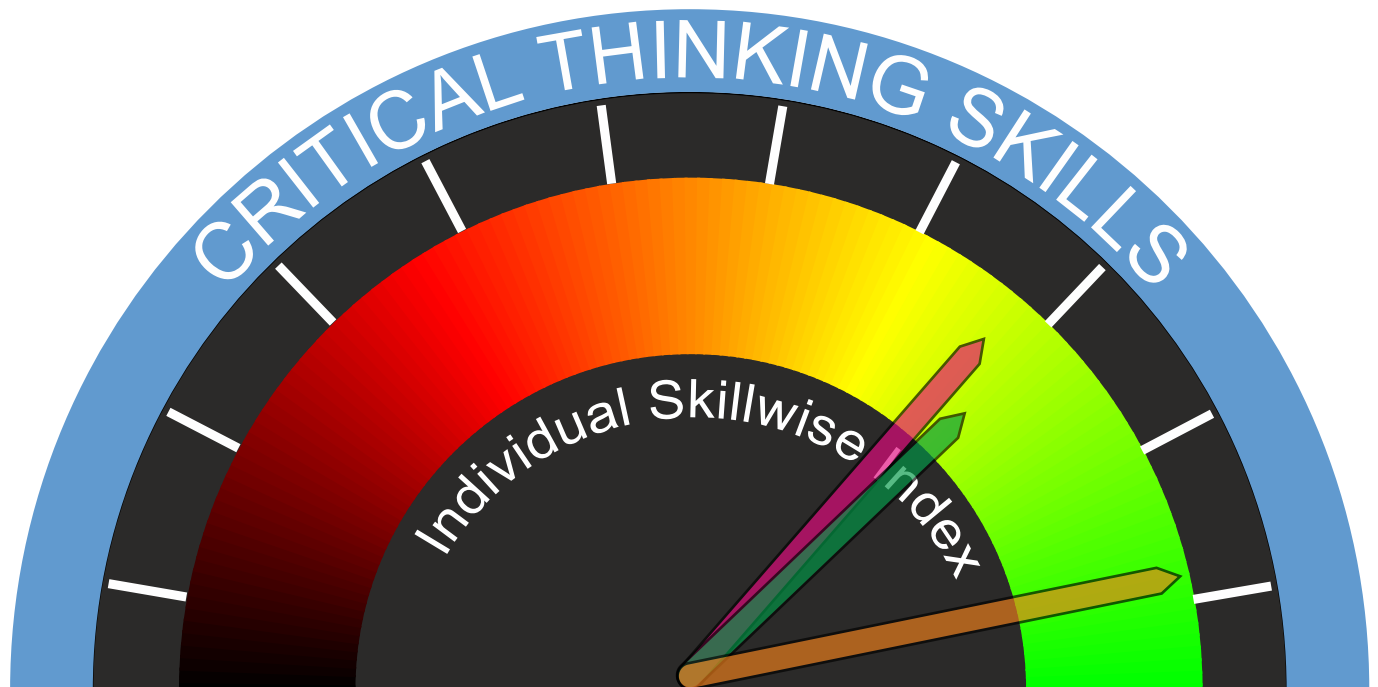
EMPATHY

Empathy is the ability to feel and share someone else's feelings. Empathy includes the capacity to feel other's pain, and being gracious towards relieving someone's pain.


“Let no one ever come to you without leaving happier.”

~ Mother Teresa, Nobel Peace Prize Winner


Individual Life Skills Index Report



Individual
Life Skills Index

 Global Maximum

 Global Average

 Your Index

CRITICAL THINKING SKILLS

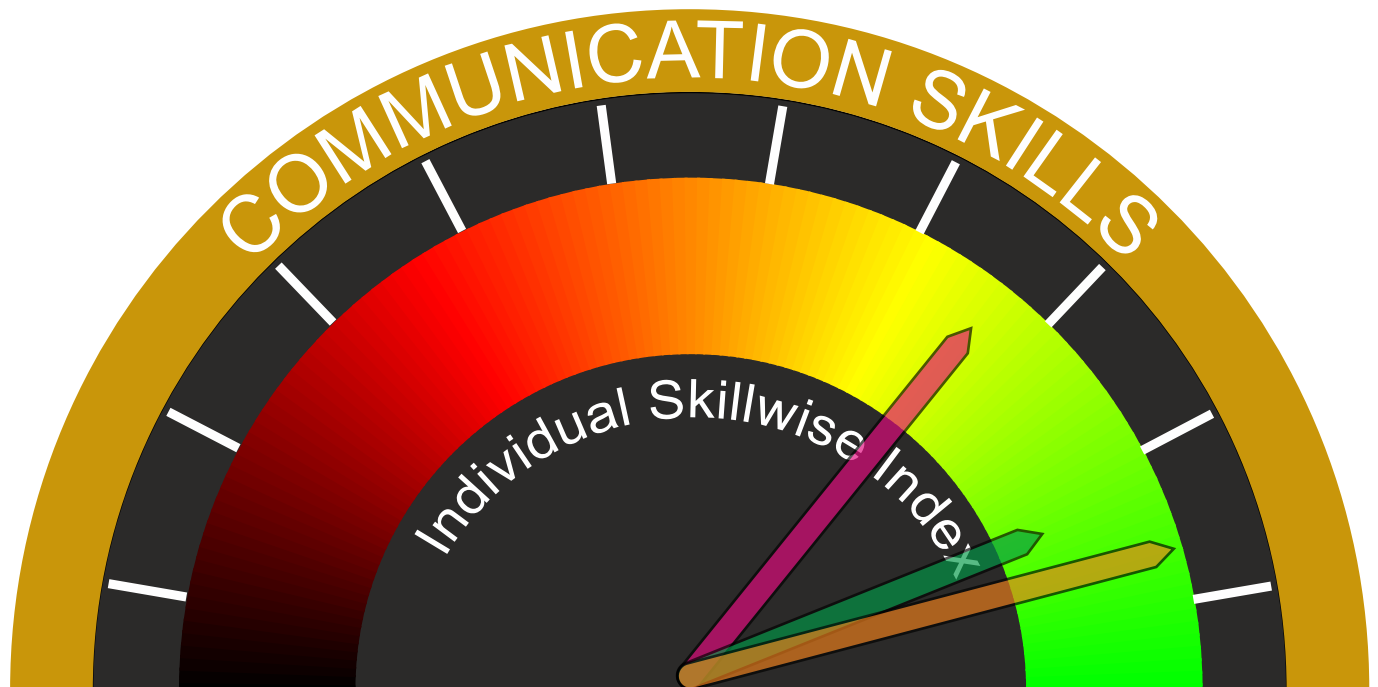
The skills that allow us to think analytically by observing, analyzing, and evaluating a situation or a problem are Critical Thinking Skills. Critical Thinking Skills help us find best the solution among many possible options. These skills can be improved by asking basic questions, findings connections between the information and thinking creatively about the solution.



“It is the mark of an educated mind to be able to entertain a thought without accepting it.”

~ Aristotle, Ancient Greek Philosopher and Scientist

Individual Life Skills Index Report



Individual
Life Skills Index



Global Maximum

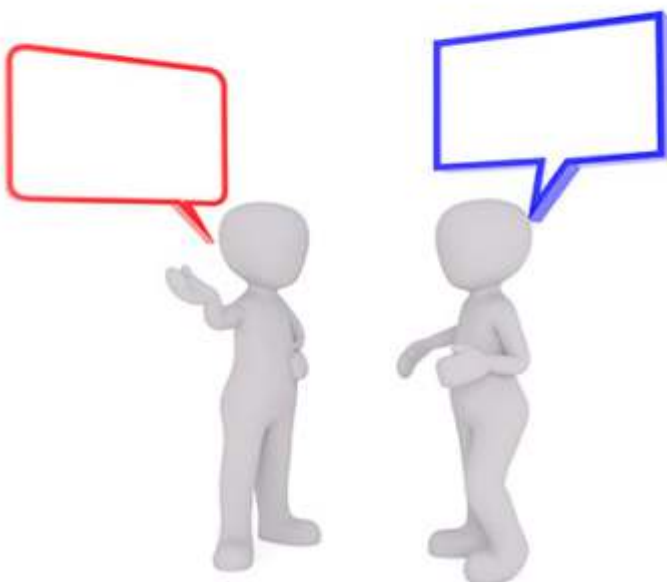


Global Average



Your Index

COMMUNICATION SKILLS

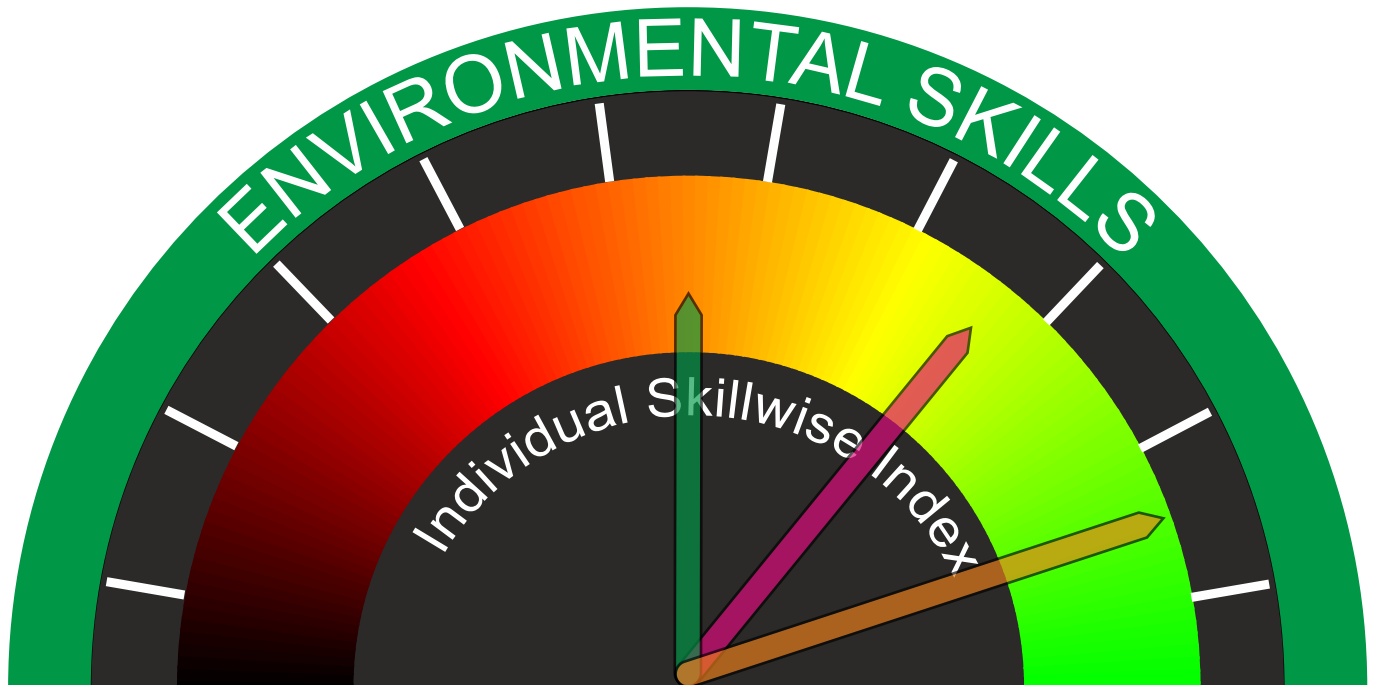


Communication means transferring information from one person to another, whereas, communication skills mean transferring information 'effectively' to others. To communicate effectively is one of the basic skills everyone needs to learn. Good communication skills grows your confidence and makes a good impression on others. It adds a charm to your personality and make you stand-out among others. Communication skills can be enhanced by active listening, conscious speaking and being more self-aware.

“The most important thing in communication is hearing what isn't said.”

~ Peter Drucker, Management Guru

Individual Life Skills Index Report



Individual
Life Skills Index



Global Maximum



Global Average



Your Index

ENVIRONMENTAL SKILLS

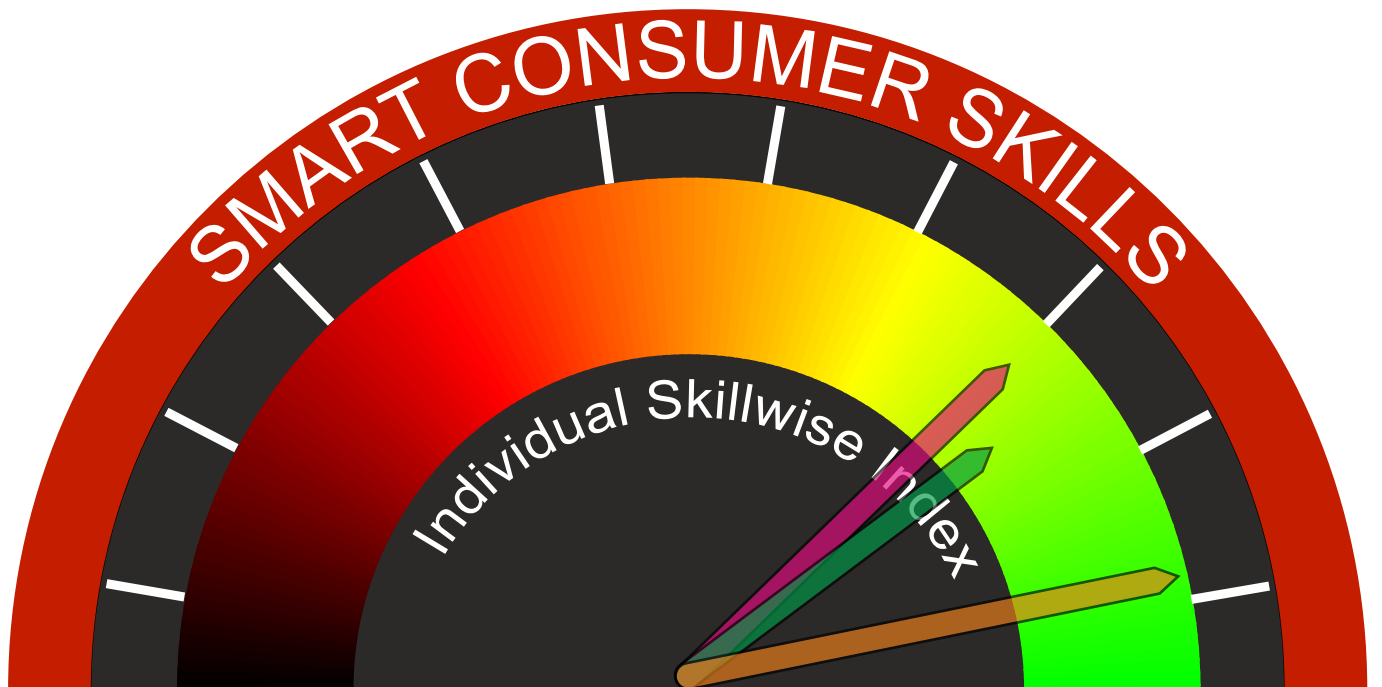
Environmental Skills are the basic skills to manage and use our planet's resources wisely. Earth is the only home of all the humans, and millions of other species. Hence it is our responsibility to keep it healthy and preserve its resources. As a Global Citizen one should learn how important it is to take care of our mother earth, and ways to do that.




“Earth provides enough to satisfy every man’s needs, but not every man’s greed.”

~ Mahatma Gandhi


Individual Life Skills Index Report



Individual
Life Skills Index

 Global Maximum

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SMART CONSUMER SKILLS

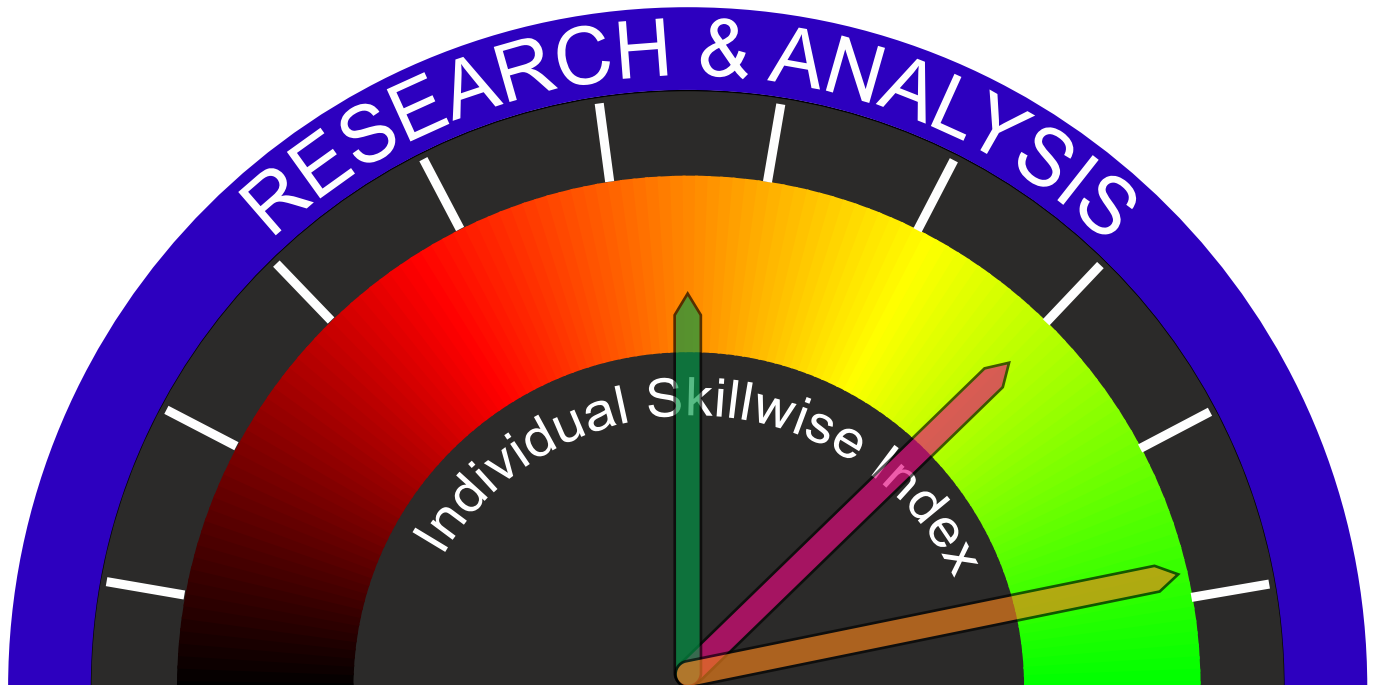


In today's glamorous marketing world where everyone wants to sell their products with smart advertising, it is a necessity for growing young citizens to have smart consumer skills. Smart consumer skills are the skills to know what to buy from where and whether the product or service is worth the money you are spending on it. Smart consumer skills also include knowledge of Consumer Rights. Smart consumer skills can be developed through greater awareness and participation as a consumer.


“You have to be smarter and a wiser businessperson and consumer. You have to learn to protect yourself through education.”

~Frank Abagnale, Prominent Security Consultant


Individual Life Skills Index Report



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Life Skills Index

 Global Maximum

 Global Average

 Your Index

RESEARCH & ANALYSIS



Before jumping to a decision, it is important to do a thorough research and analysis on all the available information to make sure that the decision is the most appropriate among the available options. As a young and impressionable mind, sometimes it is better to go deep and research the topic, rather than just believe whatever is in front of you. Research and Analysis will help you avoid wrong choices and/or decisions.

“Research is to see what everybody else has seen, and to think what nobody else has thought.”

~Albert Szent-Gyorgyi, Nobel Prize Winner for Medicine

Individual Life Skills Index Report



Individual
Life Skills Index



Global Maximum



Global Average



Your Index

SOCIAL MEDIA SKILLS

There is hardly anybody who does not use any Social Media Website. It has now become a lifeskill and a part of our social life. We use social media to make friends and stay connected with them, share photos, blog, and promote causes, that we believe in. It takes social media skills to create and manage your reputation. You always leave your tracks behind, when you post anything online. Hence, it is also important to be authentic instead of faking things just to follow the latest trends.




“Just as we teach our children how to ride a bike, we need to teach them how to navigate social media and make the right moves that will help them. It's about being aware.”

~ Ms. Amy Jo Martin, Author & Entrepreneur


Individual Life Skills Index Report



Individual
Life Skills Index

 Global Maximum

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DECISION MAKING SKILLS

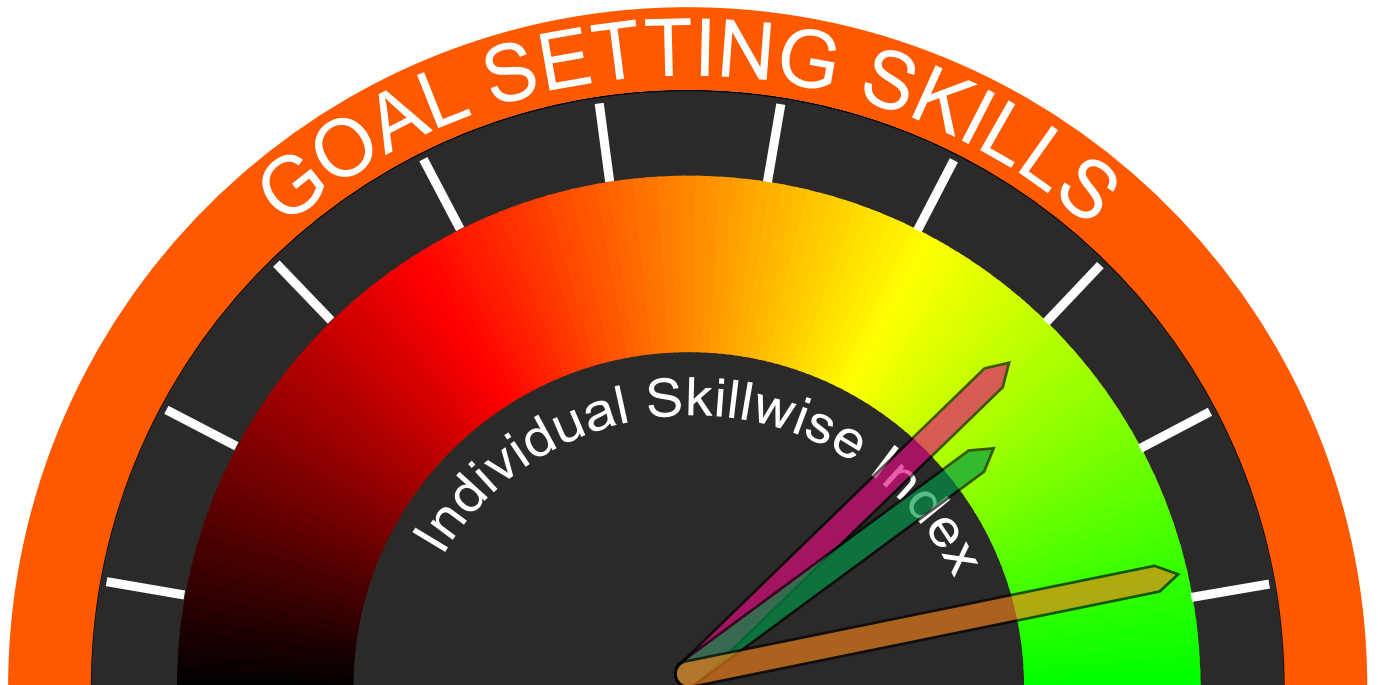
Decision making skills allow us to make the right choices at the right time, and also to avoid making any wrong decisions. Your decision-making skills are being tested almost in every action you do. For example, the decision to exercise after waking up instead of lazing around could be a life changing decision. The decision-making skills can be honed by being active and aware about the decisions you make.




“Do the best you can until you know better. Then when you know better, do better.”

~ Maya Angelou, Poet, Singer, and Civil Rights Activist


Individual Life Skills Index Report



Individual
Life Skills Index

 Global Maximum

 Global Average

 Your Index

GOAL SETTING SKILLS

Goal-setting works for our dreams, just the same as oxygen works for life. Goal-setting means, fixing a target and planning the ways to achieve that target. Setting a goal is like creating a roadmap so that you know, in which direction you should go. To do something without a goal is like shooting an arrow in the dark. Goal setting includes dividing a seemingly unachievable goal into smaller, achievable goals, and completing them one by one.



“Make each day count by setting specific goals to succeed, then putting forth every effort to exceed your own expectations.”

~Les Brown, Author and a former political leader

Individual Life Skills Index Report



Individual
Life Skills Index



Global Maximum



Global Average



Your Index

NEGOTIATION SKILLS

Negotiation skills allow us to engage with someone with a different point of view and needs, so that an agreement can be reached. It is wrong to assume that negotiation is just one's ability to get their way. On the contrary, it is all about how you get along with others. One's inclination towards being fair, maintaining relationships and seeking common benefits are the keys to any successful negotiation. Negotiation skills help us work productively with others, both in personal and professional lives.




“One half of knowing what you want is knowing what you must give up before you get it.”


~ Sidney Howard, Playwright and Screenwriter


Individual Life Skills Index Report



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PERSONAL FINANCE



Personal finance skills help you to budget, earn, save and spend money in order to achieve your present and future financial goals.

It is wrong to assume that personal financial education is required only for the people who probably deal with business or investments. In fact, by acquiring personal finance skills from an early age, you will be able to make sound financial decisions as well as smart life decisions.

“Never spend your money before you have it.”

~Thomas Jefferson, Third president of USA

Individual Life Skills Index Report



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Your Index



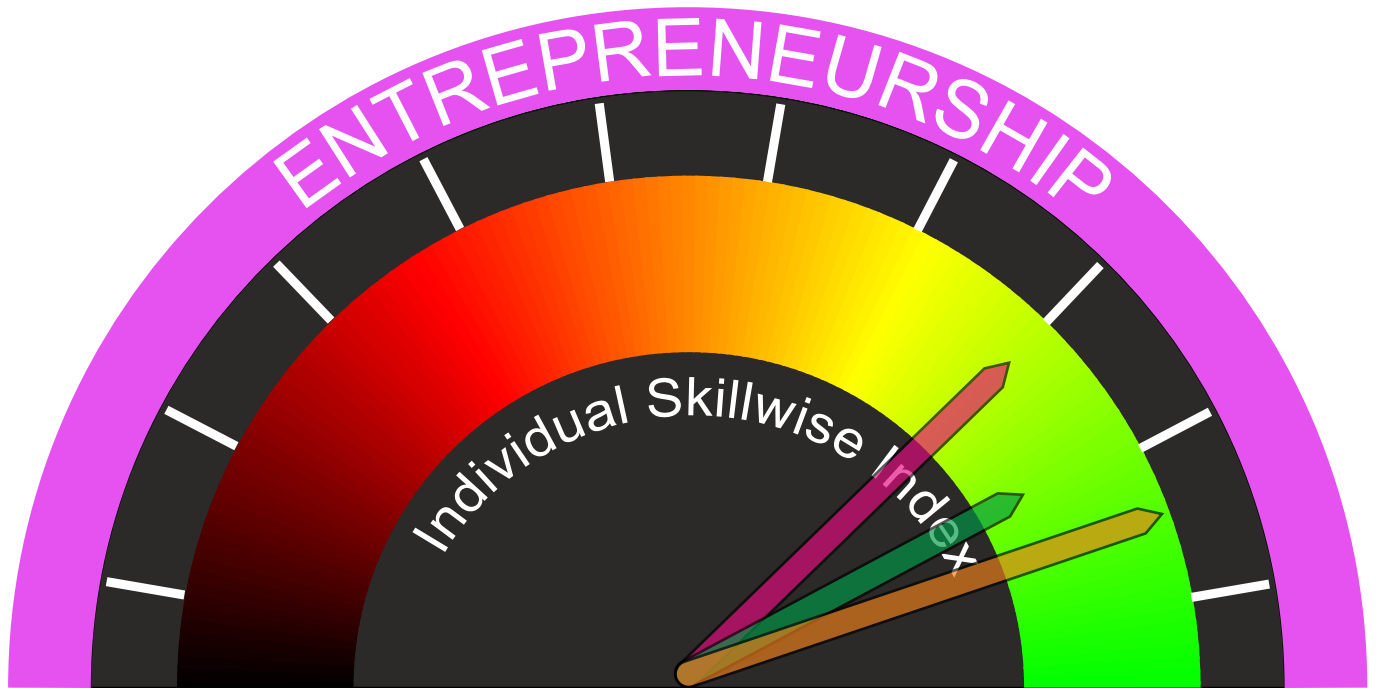
CREATIVITY & INNOVATION

Creativity is the ability to combine ideas in a unique way or to make useful association among ideas. Innovation is the process of creating and implementing a new idea. It is the process of taking new ideas and finding their practical use. When someone is facing a problem and there is no existing solution to that problem, such a situation requires creativity and innovation. These skills are essential for any Global Citizen to make the best out of every situation.

“We shall require a substantially new manner of thinking if mankind is to survive.”

~ Albert Einstein

Individual Life Skills Index Report



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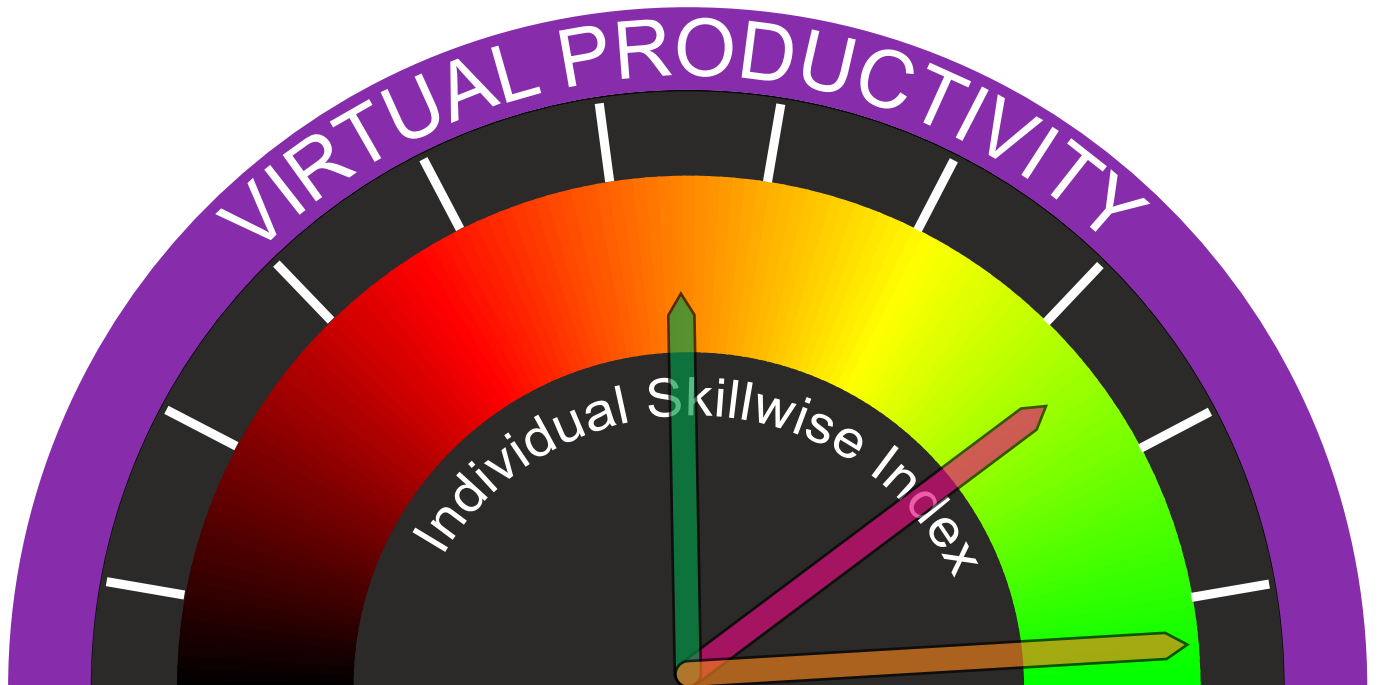
ENTREPRENEURSHIP

Entrepreneurship is about creating a solution to an unsolved problem. An entrepreneur is someone who has an idea and who works to create a product or service that meets some need. Entrepreneurship needs a composite package of many skills; leadership, teamwork, communications, critical thinking, research & analysis are some of them.

“If you are not embarrassed by the first version of your product, you've launched too late.”

~Reid Hoffman, American entrepreneur

Individual Life Skills Index Report



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VIRTUAL PRODUCTIVITY

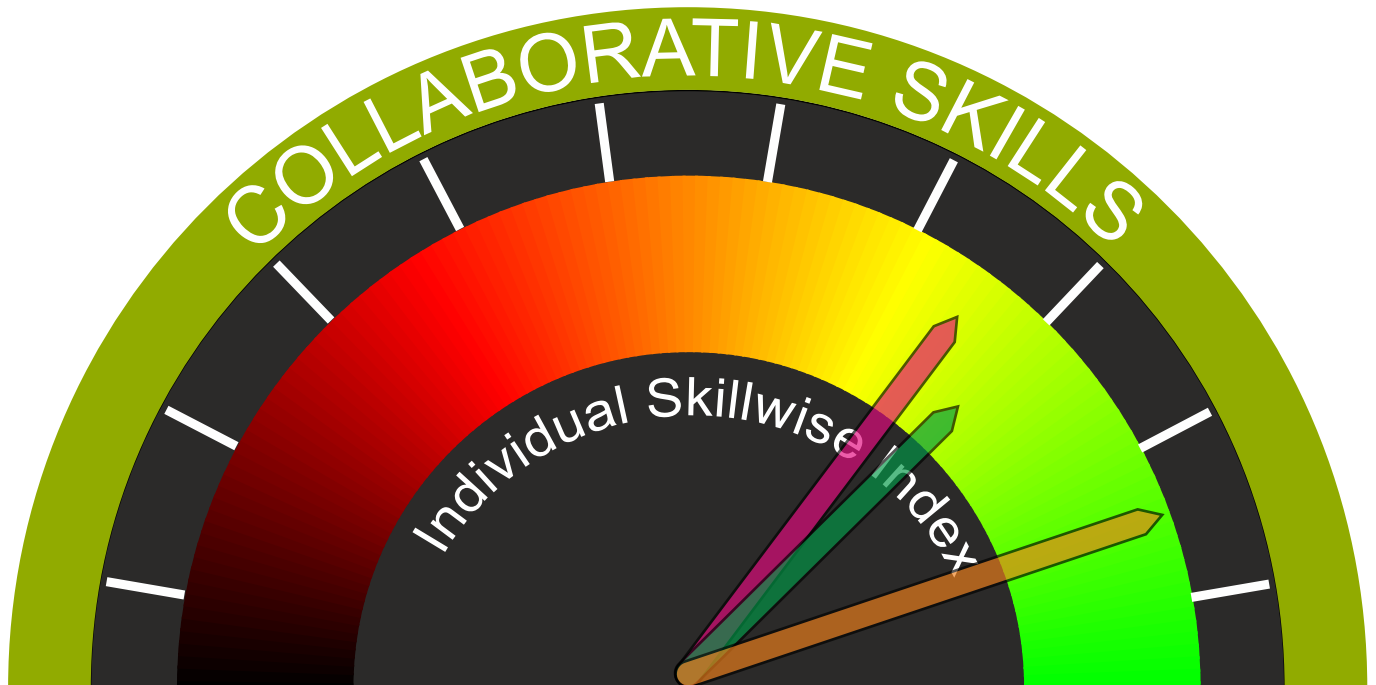
Virtual productivity is the foundation for young citizens to be active and productive in the dynamic and information technology supported world of 21st century. The virtual skills required for being productive in personal and professional lives include desktop applications, making effective presentations and appropriate Internet based applications.

Young children need to learn the conceptual basis of each of these tools, how they are used for managing day-to-day life, the limitation of current technologies, and possible future developments.


“Ultimately, it’s not going to be about man versus machine. It is going to be about man with machines.”

~Satya Nadella, CEO of Microsoft


Individual Life Skills Index Report



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COLLABORATIVE SKILLS

Collaborative Skills are extremely critical to partner with others for achieving better results in any task. It involves sharing of skills and information by all collaborating partners working toward a common goal. Cross-fertilization of ideas takes place through collaboration. You can practice collaborative skills by consciously working towards acquiring and sharing ideas, encouraging teamwork, and caring enough about the interests of your partners.



“When you need to innovate, you need collaboration.”

~ Marissa Mayer, Former CEO of Yahoo!

Individual Life Skills Index Report



Individual
Life Skills Index



Global Maximum



Global Average



Your Index

GLOBAL CITIZENSHIP



A global citizen thinks beyond the limits of geography or political borders and accepts the responsibilities that come with being a part of human race. Global citizens understand their role in the wider world and take an active part in working with others to make our planet more equal, fair and livable.


"I am not an Athenian or a Greek, but a citizen of the world."

~ Socrates, Ancient Greek Philosopher


Individual Life Skills Index Report



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SELF MANAGEMENT SKILLS

Self management is one of the most basic yet essential skills that any person must acquire, to be the best version of themselves. It involves few skills that help you to manage and lead your life in the most productive way. Self management helps in bringing order in life which further helps in sorting out goals. One can master self management skills through discipline, motivation and right guidance.




“Making appointments with yourself and scheduling other things around them is key to proactive self-management.”

~Michael Hyatt, Author & Former CEO of Thomas Nelson


Individual Life Skills Index Report



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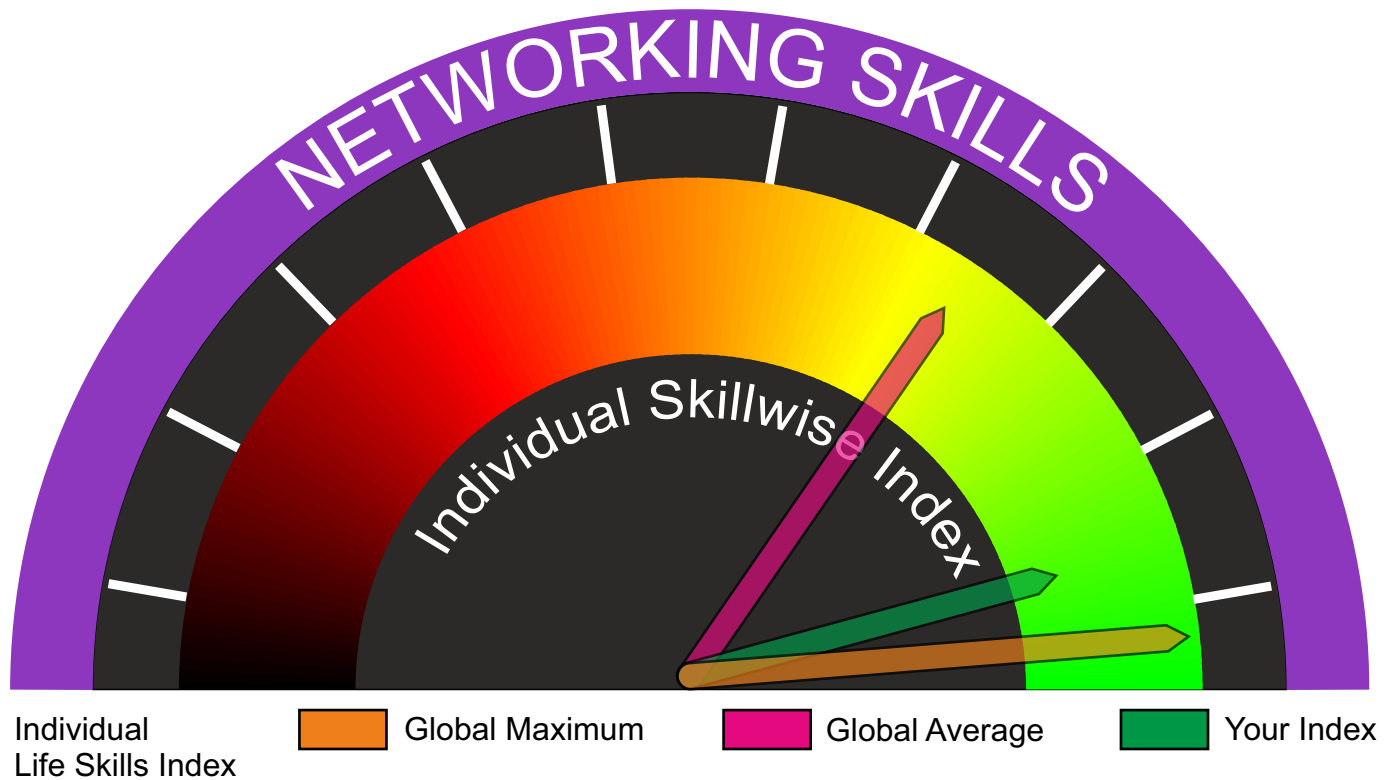
PERSONAL BRANDING

Personal branding is about letting people know who you are, what you do and what makes you different from others. Personal Branding is an important skill one must learn as by branding yourself well, you get the recognition you deserve. In today's extremely competitive world, it is necessary to stand out and show your unique personality. Personal branding is not just about self-promotion, but it is about making a promise to the world and to deliver on that promise through your hard work.

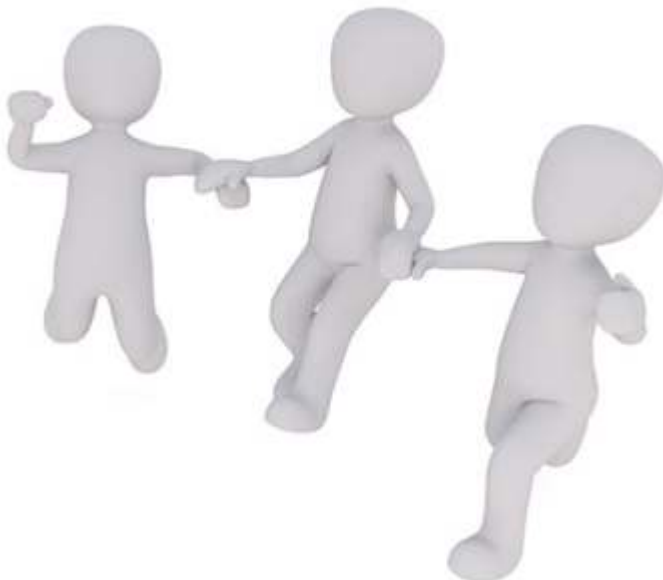
“A brand for a company is like a reputation for a person. You earn reputation by trying to do hard things well.”

~Jeff Bezos, Founder of Amazon

Individual Life Skills Index Report



NETWORKING SKILLS



We build and maintain relationships with many people around us. With presence of social media, physical distance is almost obsolete. This becomes our extended network and has the potential to become an invaluable resource for our social and professional lives. Networking, or the practice of interacting with others to exchange information and to develop professional or social contacts, is a useful skill. Young citizens are advised to practice networking skills globally to strengthen their sphere of influence.

“Networking is not about just connecting people. It’s about connecting people with people, people with ideas, and people with opportunities.”

~Michele Jennae, Author

Individual Life Skills Index Report



Individual



Global Maximum



Global Average



Your Index



PLANNING & ORGANIZATION

Setting a goal is just a first step, but a goal without an action plan is incomplete. To work effectively on a goal, planning & organization is very important. Planning helps to keep things in order, saves time, and makes it possible to keep track of the progress being made. Proper planning & organization helps reduce the chances of making mistakes. The skills to plan and organize while keeping in mind all the present and future possibilities are truly essential for young people.

“By failing to prepare, you are preparing to fail.”

~Benjamin Franklin, one of the founding fathers of USA